



# **SURVIVAL GUIDE**

FOR PORTO

# **GREETINGS STUDENT!**

Welcome to Portugal.

We have gathered a few essential tips to help you fit in no time.



# Should you learn Portuguese?

Of course you should!

It is the 6th most spoken language on the planet, with 215+ native speakers.

If that doesn't sound thrilling, Portugal itself will prove you wrong. Any Latin language you might already know will help learning Portuguese a lot faster since lots of words are pretty similar.

We are not saying it is easy, but it sure will be fun. The Portuguese also tend to know good English. So, even if you're having a tough time with the language, you'll manage.

6<sup>th</sup>

MOST  
SPOKEN  
LANGUAGE

Top 5 iOS & Android apps  
to learn to speak portuguese  
language

<http://www.1mtb.com/top-5-ios-android-apps-to-learn-to-speak-portuguese-language/>

# Here is a quick Dictionary to start you off:

## Basics

Yes

Sim

No

Não

Hello

Olá

Good morning

Bom dia

Good night

Boa noite

Good bye

Adeus

## Be polite

Thank you

Obrigado (men say)

Obrigada (women say)

You're welcome

(Reply to "Thank you")

De nada

Please

Por favor

I'm sorry

Desculpe

Excuse me

Com licença

## Essential

I am learning Portuguese

Eu estou a aprender Português

I don't speak portuguese

Eu não falo português

Do you speak english?

Fala inglês?

I don't understand

Eu não percebo

More slowly, please

Mais devagar por favor

Could you repeat that?

Pode repetir?

Where is the...

Onde é a/o...

I want to go to...

Eu quero ir para...

One ticket to...

Um bilhete para...

How much is it?

Quanto é?

Maybe

Talvez

I want

Eu quero

This

Isto

That

Aquilo

Not too bad

Mais ou menos

See you later

Até logo

## Numbers

1 um

2 dois

3 três

4 quatro

5 cinco

6 seis

7 sete

8 oito

9 nove

10 dez

11 onze

12 doze

13 treze

14 catorze

15 quinze

16 dezasseis

17 dezassete

18 dezoito

19 dezanove

20 vinte

30 trinta

40 quarenta

50 cinquenta

100 cem

1000 mil

## In a restaurant

Do you have an English Menu?  
Tem um menu em inglês?

What are the local specialities?  
Quais são as especialidades locais?

I am vegetarian  
Sou vegetariano

I'm not hungry  
Não tenho fome

Where is the bathroom?  
Onde é a casa de banho?

Ladies/Women  
Senhoras/Mulheres

Gentlemen/Men  
Cavalheiros/Homens

The check  
A conta

Water  
Água

Beer  
Cerveja

Wine  
Vinho

Coffee  
Café

## Small talk

Do you like this music?  
Gostas desta música?

Want to dance?  
Queres dançar?

Shall we go for a walk?  
Vamos dar uma volta?

How old are you?  
Quantos anos tens?

What do you study?  
O que estudas?

Where do you study?  
Onde estudas?

My name is...  
O meu nome é...

When did you arrive?  
Quando chegaste?

## Transports

University  
Universidade

Train station  
Estação de Comboios

Bus stop  
Paragem de autocarro

Subway/tube  
Metro

# GETTING AROUND

PÓVOA DE VARZIM



Xior Residence



# Currency, Banks & Payments

Portugal belongs to the Eurozone so the currency is euro €.

You have plenty of national and international Banks in Portugal and as a student you can open a bank account for free in most of them.

Check with your University, they might have a special agreement with a specific Bank.

We suggest you open a Portuguese bank account so you avoid withdrawal or payment fees in your home country account.

## Health Care

You have access to Medical advice and guidance over the Phone/Internet 24 hours a day:



**808 24 24 24**  
**[www.sns24.gov.pt](http://www.sns24.gov.pt)**

# Mobile Phones

Portugal's largest mobile phone carriers are MEO, NOS and Vodafone. All three provide nationwide coverage and we suggest you get a SIM card with one of these companies.

## To check the different pricings:

[www.anacom.pt/tarifarios](http://www.anacom.pt/tarifarios)



## Useful phone numbers

**112** PAN EUROPEAN EMERGENCY

**118** FIRE BRIGADE

**117** FIRE SERVICE

**145** TOXICOLOGICAL CENTRE

**115** POLICE

**112** MEDICAL EMERGENCY



## Useful Links

TOURISM:  
[www.turismodeportugal.pt](http://www.turismodeportugal.pt)

GOVERNMENT:  
[www.portugal.gov.pt](http://www.portugal.gov.pt)

TRAINS:  
[www.cp.pt](http://www.cp.pt)

BUSES:  
[www.rede-expressos.pt](http://www.rede-expressos.pt) | [www.renex.pt](http://www.renex.pt)

PORTUGUESE AIRPORTS:  
[www.ana.pt](http://www.ana.pt)



# CUSTOMER SERVICES

MAINTENANCE  
PAYMENT & FINANCIAL  
24H EMERGENCIES  
OTHER



+351 932 963 158

INFO@XIOR.PT

YOU CAN CALL US OR SEND US AN EMAIL  
ANYTIME YOU WANT!

## **WORKING HOURS**

MONDAY TO SUNDAY - 8H - 20H

ANY QUESTIONS, DON'T HESITATE TO CONTACT US!

## **PARTNERS!**

THE XIOR LIFE CONTINUES OUTSIDE YOUR RESIDENCE!  
BEING PART OF OUR COMMUNITY ALLOWS YOU TO GET  
ACCESS TO SPECIAL OFFERS AND AVAILABLE DISCOUNTS  
FROM OUR PARTNERS!  
FOR MORE INFO, VISIT:

<https://xior.pt/en/partners/>



**WE HOPE YOU HAVE A WONDERFUL  
TIME IN LISBON AND XIOR**